

√ **Tourism**

- X Animation
- X Retail Merchandising
- X Spa Therapists
- X Information Technology
- X Management

**Focus of the Year: Emerging Careers**✓ **Nursing and Hotel Management**

- X Lawyer and Mass Media
- X Psychologist and Secretary
- X Educator and Computer
- X Social Worker and Air Hostess
- X Banking Insurance and Foreign Language

Do you have any suggestions or questions?

Reach us at: The Chief Editor
 "Let's Talk"
 Career Center
 Tibetan Children's Village School
 Gopalpur, P.O. Chachian - 176059
 Distt. Kangra, Himachal Pradesh
 INDIA

Email: tibdunlam@yahoo.com

Phones: 01894-252391



Let's Talk

Monthly Career News published by
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 TCV GOPALPUR

√ **Special Feature - After +2**

What ?

√ **Career of the Month**

Hotel Management
 Nursing

√ **Featured Professional**

Thupten N Chakrishar, Film
 Maker

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with Karma Yeshe

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Im this
 Issue

July, 2009 No 1



His Holiness Wishing - fulfilling dew

There are many aspects of modern education. They include science, law, economics, environment, etc. Nevertheless, the Tibetan language has not progressed in these numerous subjects. In India, efforts are being made to teach the Tibetan children all the subjects in Tibetan language from Grade I onwards. But, leave alone Tibetans, even the Indians find it most difficult to gain expertise in specialized modern subjects without pursuing it in English. In Tibet too, one has no choice but to rely on Chinese language to gain expertise in a specialized field of modern knowledge. So in order to become a professional or an expert researcher in the different fields of modern knowledge in Tibet or in India today, it is

extremely important for us to use the Chinese language and the English language to achieve the required specializations.

Editor Speak's

World is on fast-track and moving through the cutting-edge in the career trends, moreover many things are happening around here and there. Beware these days are the days of hunting for best of the opportunities. Soon this time will also welcome you, so shaping your tomorrow, today is the time to discover yourself for that we have bring out this readable monthly career magazine "Let's Talk" does it sound like practical interaction? We mean it. This is the first career magazine to be able to bring out with the birth of career-club fostering the primary purpose of creating career awareness among the student by updating nectars of information via different mediums to the reach every student. You must me aware of rising demands of professionalism and specialization from every society. In this magazine we have covered many interesting themes even more we provide space for you, where you can ask and also contribute some creative articles. Any suggestion for the betterment of it will be most welcome. For this launching issue we charge no fee but from the next issue we are aiming to be a self-sufficient so we need your supports, gives your name in advance. We warmly welcome you and wish you all to have an inspirational, enriching and fun reading.

Thupten

Chief Editor & Advisor: Mr. Kalsang Tsewang Jupa, Guidance Counselor

Editor: Thupten, XII 'B'

Layout design: Dorjee Wangchuk, XII 'D'

From the Principal Desk.....,

Special Feature - After +2 What?

Your academic choice post class 12 is crucial for paving way for your future career. While, the choices may not be easy, especially with the humungous amount of information on various careers on the internet. The students having mere Bachelor's degree in the present Hi-tech world will not lead to secure a prospective job. This article explored various opportunities after Plus Two humanities and goes beyond the hunting of traditional degree courses

Though you may have spared more than thousand thoughts on which would be the right choice after class 12, now is the time to put your fleeting thoughts together and formulate a meticulous career plan that will lead you to your dream career. Your priority should be to select something that will do justice to you beyond the compulsory years of graduation. Although not a norm, in most cases what you select to graduate in will determine the professional options that you will have for the next twenty years of your life.

Hotel Management - Catering and hospitality is a vast field that comprises services like lodging and hotels, food service and restaurants, clubs and travel. It is a critical part of the tourism sector. The hospitality business in India provides thousands of jobs, and is a major money-maker for foreign exchange. Top institutes like NCHMCT offers three year diploma in hotel catering courses, other institutes offers One and half year diploma in food production, bakery and confectionery. Few college offer four year degree in hospitality and hotel management or culinary arts. Upper age limit for joining such courses is usually 22 years

Job prospects: Professional training in hotel management can lead to placements in supervisory and managerial positions in star category hotels, airlines (as cabin crew), ship and cruise liners, restaurants and bars, institutional catering, industrial catering, hospital catering and defence services. Organisations engaged in public relations, sales and marketing, and human resource development activities, also employ hospitality management graduates. Entry-level remuneration for aspirants range from Rs 20,000 to Rs 25,000, depending upon the organisation, its volume of business, as well as its location. Entrepreneurship is an excellent alternative after relevant work experience. A zeal for hard work and a courteous disposition can ensure your promotions.

Students interested in **legal profession** can apply for 5 year integrated courses. Trends have changed and there is increasingly large number of students who desire to pursue their career in Law after class XII. Prominent institutes like National Law School of India University (NLSIU), Bangalore and National Academy of Legal Studies and Research University (NALSAR), Hyderabad conducts All India Entrance Examination on Combine Law Admission Test (CLAT). The total yearly fees is Rs. 1,70,020 for general category and for foreign quota one has to pay through dollars. Students graduating from these institutes are placed in top multinational companies where their salary is 12-15 lakhs per

annum. Some Law graduates also work in Law Process Outsourcing (LPO) where they need not practice in court rooms.

Some you interested in **foreign languages** can do professional courses B.A. (Hon's) in Japanese, Spanish, Russian, Chinese, German & French. Prominent institutes like Jawaharlal Nehru University (JNU), Delhi offers these courses of 5 years duration. Admission is based on all India entrance examination after +2. Interested students can still pursue M Phil and PhD. Graduates are employed in foreign embassies or work in multinational companies as translators, interpreters. The work involves traveling to different foreign countries on business trips.

Those who are creative and have aptitude for drawing can go for **Design Fashion design**, there are few recognized institutes. There is National Institute of Fashion Technology (NIFT), Delhi and National Institute of Design (NID), Ahmedabad offers courses on product design, furniture design, textile and apparel design, ceramic and fashion design. Admission is based on All India entrance examination with an aptitude test. The course duration is three years. Students completing the courses either join reputed companies or start their own enterprises.

The Film Institute, Chennai and the **Film and Television Institute of India (FTII)**, Pune offers diploma courses in Film Technology to those who have done their graduation. The stream of study includes film processing, editing, direction, screen play writing and acting. Admission is based on entrance examination and interview.

Media and entertainment has emerged as one of the fastest growing sectors in the country. Those who have blend of writing skills, excellent communication skills, outgoing personality and have the confidence to unravel the truth. This is the field to be looked for; Professional courses include B.A. Journalism, Journalism & Mass Communication after 10+2. Some start studying at Master's level. It depends on need and career plan of students. Institutes like Jamia Millia Islamia (AJ Kidwai Mass Communication Research Center) and Indian Institute of Mass Communication (IIMC), Delhi produce quality students.

Management is most sought after courses today. It is also highly paying job. Those interested in problem solving through the process of logical thinking, this is the right place to be. One of the highly recognized institutes like Indian Institute of Management (IIM) offers MBA course for 2 year duration after graduation in any discipline. Admission is based on All India Common Admission Test (CAT). This is one of the toughest examinations in the world. The faculties are highly specialized preparing students for national and international business positions. The three year program of Bachelor of Business Management (BBM), Bachelor of Business Studies (BBS) and Bachelor of Business Administration (BBA) is open to students with 10+2 any stream and the required percentage is above 60%. These courses provide basic knowledge in all operational areas

of management. It is also a good foundation course preparing student for the MBA degree courses.

If you are interested in human behavior and making difference in people's life, then **psychology** is the ideal field to enter. Those with 10+2 passed from any stream can take up the course, but it is more useful for student having interest in pure sciences. The course is offered at B.A. (Hon's) & B Sc (Hon's) in psychology for duration of 3 years. It is very important to go for specialization which normally starts at Master's level. Job openings are there as counselor's, clinical psychologists, psychologists, psychotherapists in schools, colleges, institutes, hospitals, rehabilitation centers and in multi-national companies.

Those looking for a stable and well paid job. **Banking** is the career to be explored. The field has come a long way to retail and personal banking and yet many new shapes will take place in the coming years. Many foreign banks are entering in India to provide better services to people. Students from any stream can take B Com, BBM or banking course after +2. One can directly apply for entry level job after graduation, but there will be an entrance test and interview. Those with master's degree in management will have better opportunity in this sector.

Marketing Communication covers a broad range of activities including direct marketing, advertising, consumer relations and public relations, all of which are used by corporates to reach out to their main audience, i.e. the consumers and other strategic audiences. The field also includes areas like event management, e-commerce and rural marketing. The driving force of the market place today is not the company or the product, but the consumers who control all the market decisions. It is in this respect that integrated marketing communication holds importance. Marketing communication professionals work as project managers, PR executives, communication strategists, media planners, event producers and client service directors. Starting salaries depend on experience.

Eligibility: Graduation in any discipline

Course duration: 2 years, Cost of Course: 1.6lakh per annum

Starting Salary: Rs4 -5 lakh per annum (expected)

Institutes: International School of Marketing Communication, Noida (www.ismc.edu.in), Mudra Institute of Communication, Ahmedabad (www.mica-india.net)

M.A. Convergent Journalism – Media is growing at an unprecedented rate claims the National Readership Survey (NRS). As a result of this, the demand for qualified professionals in print, broadcast, online and photojournalism have increased substantially. It is witnessing an era of convergence where professionals of this field will be required to have the skills of all forms of media.

Eligibility: Undergraduate in any discipline with at least 50% marks

Course duration: 2 years, Cost of Course: Rs64,500 per annum

Starting Salary: Rs1.25 lakh per annum

Institutes: AJ Kidwai Mass Communication Research Center, Jamia Millia Islamia University (www.jmi.ac.in)

Anchoring, Broadcasting, Compering & Dubbing – Some voices really leave a mark on your memory. They can make an ad unforgettable, or a radio show impossible to tune out of. The certificate course in anchoring, broadcasting, compering and dubbing (casually known as ABCD) offered by Xavier's Institute of Mass Communication, Mumbai is meant to help those with such voices use them to the best of their potential.

Eligibility: No specific eligibility criteria

Course duration: 12 weeks, Cost of Course: Rs6,000

Starting Salary: Rs1.5 – 3 lakh per annum

Institutes: Xavier Institute of Mass Communication, Mumbai (www.xaviercomm.org), Event Management Development Institute – Encompass, Institute of Radio Management, Mumbai (www.teachradio.com)

Technical Writing – Today, the Indian software industry is in need of a 1,00,000 trained personnel in the field of technical writing and within a year of being set up, over 100 leading companies have recruited graduates from The Writers Block (TWB). This fact is more than indicative of the innovativeness of the course and its demand in the job market.

Eligibility: Graduation, good English skills, computer literacy

Course duration: 2.5 months, Cost of Course: Rs39,000

Starting Salary: Rs3 lakh per annum

Institutes: The Writer's Block, Bangalore (www.twb.in), Technowrites (www.technowrites.com), TASC Consulting Pvt. Ltd (www.tascindia.com), IIT, Delhi (www.iitd.ernet.in)

Audiography – Omkara, Parineeta and Dhoom. A common trait among these different movies is their award-winning sound design. What we usually remember in a movie is the acting, songs, dances, or the cinematography. The unique combination of different sounds which create the mood of the film is usually forgotten. Frequently, the strongest emotional impact of a scene comes not from the acting or music, but from the background music. Audiography includes two functions – sound designing and sound recording. Most Mass Communication courses offer audiography or sound design as a module in the curriculum, but due to its nature, they are not able to delve deeply into the subjects. Graduates can work for films as freelance sound designers or opt for full-time work with film studios. Initially they may work as sound assistants. With more experience they can become full-fledged sound designers

Eligibility: Graduation

Course duration: 3 years, Cost of Course: Rs40,000 per annum

Starting Salary: Rs2.5 lakh per annum

Institutes: Film and Television Institute of India, Pune (www.ftiindia.com), Satyajit Ray Film and Television Institute, Kolkatta (www.srfti.gov.in)

Product Photography – It takes more than great photos to be a successful photographer. As digital imaging becomes a universal operating platform, we come across a whole new set of marketing opportunities and technical challenges. Photography has clearly emerged as the new collectible skill set both for its artistic as well as for its commercial and academic significance. With careers as photographers, art house curators, visual illustrators, news paper photo editors and creative department executives in advertising agencies, to name a few, this career promises to be worth every penny spent.

Eligibility: 10+2, Interview

Course duration: 8 weeks, Cost of Course: Rs30,000

Starting Salary: Rs1.8 lakh per annum

Institutes: Academy of Photographic Excellence, Delhi (www.apexindia.net), Light and Life Academy (www.llacademy.com), Sri Aurobindo Institute of Mass Communication, Delhi (www.saimc.com)

Animation – Fun and creativity in showbiz are no longer the exclusive domain of film stars. Shrek, The Incredibles, Finding Nemo and Hanuman – these are the new superstars of entertainment. The Indian animation industry is growing at 25 percent annually and there is lot of work being outsourced from Europe and North America to Indian shores. Animation studios are popping up everywhere, giving the underpaid animators in India a chance to strike gold. One can work in an animation studio, a production house, an internet portal or in films. However, there is definitely a method to the madness of animation and this comes from the rigorous training that is provided. Being a good animator means having a strong foundation in 2-D animation, which most short term courses do not provide. 3-D animation might be more exciting, but without strong 2-D grounding, your repertoire is very limited.

Eligibility: 10+2

Course duration: 4 years, Cost of Course: Rs1.25 lakh per annum

Starting Salary: Rs1.25 – 1.75lakh per annum

Institutes: National Institute of Design, Ahmedabad (www.nid.edu), Zee Institute of Creative Arts, Mumbai (www.zica.org), Maya Academy of Advanced Cinematics (www.maacindia.com)

Environmental Law – The recent findings of the Inter-Governmental Panel on Climate Change (IPCC) brings to the fore the rising environmental concerns of the 21st century. It also corroborates the need for urgent action against environmental pollution and degradation. Experts in this field will act as the agents for this change. Environmental Law is taught as a compulsory module in the larger BALLB program. However, it can also be taken up as an independent field of specialization at the Master's level.

Eligibility: Graduate in any discipline with at least 55% marks

Course duration: 2 years, Cost of Course: Rs30,000 per annum

Starting Salary: Rs3-4 lakh per annum

Institutes: NALSAR, Hyderabad (www.nalsarlawuni.ac.in), NLSIU, Bangalore (www.nls.ac.in), National Law University, Jodhpur (www.nlujodhpur.ac.in)

Cosmetology – They say beauty lies in the eye of the beholder, but these days people are taking no chances! It isn't an exaggeration to say the most of the world today, probably all the women and rising number of men, are obsessed with physical appearances and beauty has actually come to be just skin deep. In such a scenario, can there ever be enough individuals who are trained in the art of making you look gorgeous.

Eligibility: A minimum qualification of 10

Course duration: 8 months, Cost of Course: Rs40,000 – 60,000

Starting Salary: Rs6,000 – 8,000 in addition to incentives

Institutes: Vandana Luthra Curls and Curves Institute (www.vlcc.co.in), Shahnaz Husian's Training School (www.shahnaz-hussain.com), Alps Cosmetic Clinic, Delhi (www.beautyalps.com), Eve Beauty and Hair Academy, Delhi (www.evesbeauty.com)

Actuarial Science – Think of predicting the future and astrologers, palmists, and occultists – different names come to mind. However, there is another set of people who make predictions, depending not on stars or esoteric vibrations, but on population statistics and financial trends. These are actuarial science professionals or actuaries. They use research calculations to make forecast on the basis of statistics like mortality rates, population growth, prevalence of diseases and economic growth trends. Actuaries help insurance companies decide on what strategies to adopt by giving them a projection of likely financial developments in future.

Eligibility: Graduation with statistics

Course duration: 2 years, Cost of Course: Rs30,000 per annum

Starting Salary: Rs1.5 lakh – 4 lakh per annum

Institutes: Amity School of Insurance and Actuarial Science, Noida (www.amity.edu), University of Madras (www.unom.ac.in), Bishop Herber College, Tiruchipally (www.bhc.ac.in), NMIMS, Mumbai (www.nmimms.edu)

Short term **job oriented courses** are also offered by polytechnics and private institutes for student completing 10 and 10+2 and aiming not to go for college education. The courses includes travel & tourism, cabin crew, air ticketing, photography, graphic designing, retail, advertising, marketing, secretarial practice, beautician, spa therapists, event management, web designing, hotel catering and hospitality, chef, bakery and confectionery, solar and wind energy, early childhood education, jewellery design and interior design etc.

Students have opportunities to obtain university degree by learning through **distance education**. This is useful for those students who wish to earn and do the study at the same time. They can take exam from University of Delhi, Panjab, Chennai, Jammu, Mysore, Bangalore, Hyderabad and Annamalai. The Indira Gandhi National Open University system (IGNOU) provides ample opportunities for higher learning to those who have not even undergone regular school education but attained 21 years of age. They can get bachelor's degree through IGNOU.

Bon Voyage!

Career of the Month

Hotel management

Ever wanted to live the five star lives? Well, you could now!

The hotel and tourism is one of the fastest growing industries in the world giving you a close view to how it is to live the glamorous life. As the world's thirst for tourism increases, so does the demand for skilled hotel managers. Closely linked to the tourism industry, this sector just keeps on growing and in the near future too. So this results in the boost in the demand of well trained quality professional people who can manage the hotel business. The government is adding numbers of hotels, resorts and restaurants to the already existing number, thus we can say that this course is the best option in today's scenario.

Hotel management isn't just about standing at the front desk. All aspects of the tourism business are part of a hotel management career. Hotel management may include front desk operations, marketing, accounting, human resources, catering, function organization, advertising, tour packaging and customer service. In fact for many hotel management professionals all these things many feature in one day!

Course details

The hotel management course is offered in many renowned institutes. It includes varied aspects of learning both theoretical and practical.

- diploma in hotel management (DHM) – three and half years duration
- post graduate in hotel management.(PGDHM) – one and half years duration

Minimum Qualification

10+2 with English as subject with all India level entrance examination

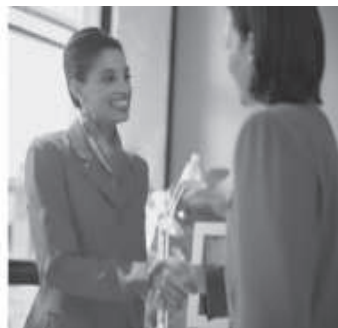
Admission depends on:

- performance in the written admission test
- personal interview round
- group discussion

Career Prospects

Great job avenues for hotel management graduates in various fields such as:

- hotel and services, catering services of railway, airlines,
- cruise lines
- banks
- defense sector
- clubs
- industrial canteens



- hospital
- other institutions

You deserve:

It varies between different organizations which employ them. Minimum monthly emoluments are approx. **Rs.7500-Rs 10000.**

Employment depends on:

- category of employing hotel
- institute from where student graduated
- city of location

All these hotel management areas requires

- excellent skills
- time management
- stamina

And the demand for skilled hotel managers only keeps increasing.

Hotel management includes different departments which includes:

- front desk operations
- marketing
- accounting
- human resources
- catering
- function organization
- advertising
- tour packaging
- customer service.

Some of best institutes: Although hotel management institutes have mushroomed in the country, below are few top institutes one can think of

Oberoi Centre, Delhi 7, Sham Nath Marg, Delhi-110 054, India. P h + 9 1 - 1 1 1 - 23890505 Email:careers@eih-india.com Web: www.oberoihotels.com/careers

WGSHA. Manipal Valley View, Manipal 576119 h:08252-571101, Fax:08252-571327 Email: office.wgsh@manipal.edu

IHM, Delhi

National Council for Hotel Management & Catering Technology, Library Avenue, Pusa New Delhi Ph: 5751756, 5782799, 5781060, 5717411 www.nchmct.org

Indicative listing only.....

Career of the Month

Helping Hand (Nursing)

With the ever increasing pressure on the health sector, the demand for qualified nurses is on the rise. The largest groups of workers in the health sector are those in the nursing occupations (nurse and nursing assistant). Nurses not only have to care for the patients physical condition, they are often the sole source of comfort to people in times for trauma, such as after an accident. They spend more time with patients than doctors, sometimes even more than the patient's families. There is immense physical and emotional strain associated with being a nurse, as well as many rewards. Apart from jobs in India, a good future awaits nurses in foreign countries such as countries like USA, UK, AUSTRALIA and etc.

Specialise Zone

1-Mental health nursing, Midwifery, Pediatric nursing, Aged care, Cancer nursing, Intensive care, Operating theatre, Community health, Management & Education

Academic background

*Degree/diploma from a nursing school is the minimum requirement there is three kinds of programmes available.

1. B.Sc Nursing 10+2 with bio, phy, che- 4 and half years duration
2. General Nursing & Midwifery (GNM) 10+2 with science or without years duration
3. Auxiliary & Midwifery Nurse
Class 10 -18 months duration



Course details:

B.Sc - Admission for B.Sc nursing requires pass in 12 with physics, chemistry and biology. Admission could be on the basis of an entrance examination or merit in qualifying examination.

GNM—A candidate must have certificate of senior secondary (12th standard/intermediate) with physics, chemistry, biology and English as their subject. Also with and without entrance test

*with entrance fee is less.

ANM—This course requires the student with at least of class 10 and it is of 18 month course (merit based entry).

Personal Characteristics

*effective verbal and written communication skills

*tolerance, patience and tact in dealing with people from a wide range of backgrounds and culture.

*problem solving and critical thinking abilities

*mentally and physically fit

*flexibility, humour and enthusiasm

General requirements

*work as a part of a team

*assume responsibility and a leadership role

*take the initiative in emergencies

*make decisions quickly, especially in stressful situations.

*follow directions exactly

*lead and work co-operatively....

Fee Structure

BSC—50000 7500 7000

GNM-50000 7500

Salary

A nurse can earn between Rs 6000 per month and 30,000 per month depending upon the experience. Abroad, they can earn triple the salary being paid to nurse in the country.

Institutes.....

Although nursing institutes have mushroomed all over the country, below are selected best list of nursing institutes one can opt for.

1. St. Martha's Hospital, Bangalore
2. St. John's Hospital, Bangalore
3. Manipal School of Nursing, Bangalore & Mangalore

(Indicative listing only)

Let's Talk Research Team

Rigzin Wangchuk XII - Asstt. Editor & Know Your Field

Wangmo XII - Career of the Month

Nyima XII - Career of the Month

Tashi Lhaden XII - Emerging Career

Wangkho XII - Emerging Career

Tamdin dorjee XII - Student Speak's

Jampa Tashi XII - Student Speak's

Palden Dakpa XII - Creative Article

Dolkar Lhamo XII - Layout design

Ngawang Palden XI - Proof Reader



Emerging Career

Incredible India - Travel & Tourism

Good communicators and outgoing people make good travel professionals .However, remember to cope with a not-so attractive salary in the beginning.

Globally the travel and tourism industry employs approximately eight to 10 per cent of people. "This sector has an inherent capacity to generate a large volume of employment," "A lot of ancillary services are necessary to sustain this industry." For example, tour guides and operators, people involved in ticketing and people engaged in marketing and selling of various travel schemes and packages form an indispensable part of this industry. The employability quotient of these support services and the core business compounds to make the travel and tourism industry one of the industries that employs the maximum number of people."

A career in travel and tourism might not draw job-seekers in droves but it still makes for a well paying in the long run and established avenue if you have zeal to travel and to explore things "students must harness their potential and introspect the abilities before getting into a programmer, rather than deciding upon a career choice merely on the basis of pay packet one is offered post qualification"

Traits demands:

For a career in travel and tourism, one must have the passion to know about new places and enjoy domestic and foreign excursions with fervor. One must be an extrovert, sociable and have good communication skills. Besides this, it helps if you know at least one foreign language. It also encourages students to enroll for the certificate programmer in French or Spanish, while they are pursuing their course in travel.

Experts and academicians also suggest that one should have a sound knowledge of history, culture and archaeology and some basic idea of weather and climatic condition of different places. But it is also crucial for one to work on one's soft skills. It is not only the hardcore technical skills which will make a difference. Soft skill plays a bigger role in this career.

Avenues post-qualification;

In order to go on with this career, one must have degree from any institution of Tourism and Travel Management. After the course, one can specialize in his/ her own area of interest. Though curriculum is the same students can take up jobs in reservation and ticketing sales and marketing, tour planning, tour managing and related areas. It depends on the student what excites him or her the most.



Course of Studies

1. B.A. Travel & Tourism Management – 3 years
2. Diploma & PG Diploma in Travel & Tourism – 1 year duration each
3. Certificate in Travel & Tourism – 6 months duration

Institute Profile:

- Indian Institute of Tourism & Travel Management, Gwalior (www.iittm.org)
- Kerala Institute of Tourism & Travel Studies (KITTS), (www.kittstou.com)
- Sita Travels, New Delhi and Mumbai (www.sitaindia.com)
- YMCA, New Delhi (www.newdelhiymca.com/index.htm)

Pay packets; One can get a decent start of Rs10, 000-12,000 after graduation and somewhere around Rs15, 000-25,000 after PG course in travel and tourism

Featured Tibetan Professional



www.phayul.com

Thupten N. Chakrishar Filmmaker

A versatile personality, Thupten N. Chakrishar is a Filmmaker, Film Editor, Cinematographer, Graphic designer, Web designer and programmer, 3D animator, Author, Poet and an Activist, all rolled in one. At the age of 19, Thupten N. Chakrishar became the first and youngest Tibetan in exile to write and publish a fictional novel in English titled "Anything for Tibet, My beloved Country" published by Paljor Publications, followed by his anthology of poems, "Young Tibet". Thupten's articles draws a huge readership among Tibetan and non-Tibetan readers, after years of publishing on the internet his controversial piece "Rinpoche, where's the magic?" still remains the most read article in popular Tibetan sites like

Thupten founded the Indian chapter of Students for a Free Tibet, a worldwide movement for social justice, in 1997 and has been an active member ever since. In May 2005, during the 10th year anniversary of Students for a Free Tibet in NYC, Thupten was awarded the outstanding SFter award for his dedication and commitment to the Tibetan Freedom Struggle. He studied Graphic and Web designing at the Combitec Institute, 3D animation from Square Pixel India and Non Linear Video Editing from RSJ Digital media in New Delhi, India. He later studied Film Directing at the New York Film Academy in New York City.

With over 8 years of experience as a Graphic and Web designer, Thupten has helped numerous non-profit organizations, companies, NGOs, individuals and Dharma centers around the world. He has also worked as the official graphic designer for His Holiness the Karmapa's international magazine "Dharma Nectar" and the Private Office of His Holiness the Dalai Lama.

Thupten was instrumental in the birth of Bod Gyalo, the only Tibetan Television news magazine, and has worked in several film projects including internationally acclaimed, award winning documentary film "Shortcut to Nirvana", Tribeca Film Festival nominated film "The Last Jews of Libya", RAI Documentary series "Pane Amaro" and most recently "The Election Game". He also worked as a 3D animator at Moving Pictures Company India, and as an in-house Final Cut pro editor at Queens Public Television Network.

A trained filmmaker, Thupten's first film "The Paradox of Our Age", was based on the poem by the same title by His Holiness the Dalai Lama. Since then he has directed, shot and edited numerous promos, mini documentaries and News contents.

On July 2006, Thupten's first documentary film in Tibetan language, about a 12 yrs old musical prodigy Tenzin Kunsel, "Following Kunsel: Saving our past for the future", was released with an overwhelming applause and critical acclaim at the Office of Tibet, New York City. While his short film "MissTaken" is competing at the Babelgum online film festival, Thupten's current documentary Project "When the Iron Bird Flies" is under post - production.

Know Your Field

Interview with Karma Yeshe La, Voice of Tibet



01. Please introduce yourself.

I was born in India, my parents settled in the Sakya Tibetan settlement in Puruwala. I started my schooling there. I also studied at the central School for Tibetans in Puruwala,. After finishing my school, I joined voluntary military training for few months. Then i did my B.A. Honours, B.Ed and language interpretation from Panjab University, Chandigarh. While in Chandigarh, besides my studies I served as executive member of the Regional Tibetan Youth Congress and Regional Tibetan Freedom Movement. After my college, I worked as a teacher at the Central School for Tibetans, Puruwala for about four years from 1990. In 1995, I got elected as the Vice President of the Tibetan Youth Congress, during its ninth General Body Meeting. I was re-elected to serve the Tibetan Youth Congress for the second consecutive term in 1998. I also took the responsibility of the editor of Rangzen, the Tibetan language journal of the TYC. Currently I am the Editor-in-Chief of Voice of Tibet radio news service. I joined it in 2003. Besides, I got elected in the bye-election in July 2004 as a Member of the 13th Tibetan Parliament representing U-Tsang province. I was reelected to the 14th Parliament in exile in May 2006. I am also a board member of the Tibetan Centre for Human Rights & Democracy, Tibetan Centre for Conflict Resolution and CHOICE HIV Initiative, all based in Dharamsala.

02. Do you have any positive life experience to share with us?

living a meaningful life is not so easy. At this period of Tibetan struggle, it is very important for all Tibetans to live a meaningful life. For this we should serve our own community not just for the Tibetan people but also for the sake of peace and stability in Asia at large. Therefore, for the last less than two decades, I served Tibetan community in various capacities, I am still doing my best. Serving my own community gives me immense pleasure and peace of mind. We must be united for our larger cause and must make our own share of contribution towards Tibet. We must be ready to pay the price. Getting the opportunity to visit the various Tibetan settlements in India during my days at TYC and now as a member of the Tibetan parliament is something that I would always cherish. This has given me an insight into the social, economic and political aspects of the Tibetan community in exile.

03. What are the most needed qualities to be a journalist

Being interested in whatever job you take is the most important quality of a profession. For a journalist, it is important to have good command over language(s) and a fair understanding of what you are reporting. Creativity and the ability of looking at things

from all possible angles are very important characteristics of a good journalist. Another important quality of a journalist is objectivity by which you will be able to give your readers and audience a clearer picture of events and news.

04. What are the major differences between a Tibetan and international reporter?

if we look at things from a different angle, I think the Tibetan journalists have more responsibility to report the truth as we are faced against a communist regime that does not hesitate to use its state run media for propaganda. And today, information has no boundaries which enable the Tibetan people in Tibet to know about developments in exile. For example, this is just an example, not necessarily true. Let's say regional politics in the Tibetan community creates a divide between two factions of people. It is a matter of shame. So what should a reporter do? Should he report it or not? What if the Tibetans in Tibet knew about it? So we must be careful in making our choice of news.

05. Do you have any further plans to develop our VOT programs in coming year?

Yes, certainly. As the Tibetan proverbial saying goes, there is no end to improvement. Back in those days when VOT started on May 14, 1996 it had only 15 minutes of news bulletin five days a week. Later our airtime was raised to 30 minutes a day and that too daily. VOT then started Chinese language bulletin on December 10, 1999. Now VOT daily produces 45 minute bulletin in both Tibetan & mandarin languages. We went from analogue to digital, and now our bulletin is available online on our own website www.vot.org. We do have many plans in pipeline for further development but I won't go into detail here. Besides, our shortwave broadcast on radio, we had already started our satellite broadcast and it is available on television in some Tibetan settlements. We are planning to make our satellite broadcast available in more Tibetan settlements. We are also planning to hold panel discussions on various topics related to the Tibetan community including the 2011 election of the next Kalon Tripa and make DVDs for free distribution.

06. Any message to our students of TCV GOPALPUR?

We have lost our country. And the most important tool to fight China is education. His Holiness the Dalai Lama has worked so hard for the Tibetan children to get education in India, and we have a responsibility to study hard and use the opportunities that we have been bestowed upon. And after finishing your studies it is important for you to come back to the Tibetan community and serve it in any capacity you can. And wherever you go, you must remember that you are a Tibetan and that your countrymen in Tibet are suffering under the Chinese rule. Thank you, and all the best.

“ Career decision making involves long range committments which influences your thoughts, feelings and actions for years to come ”

Who is He ?

1. Controls a large experience staff, overseas all the kitchen operations forecasts the amount and type of food that will be needed.
2. Loads the disks and tapes that hold programs and data, monitor's the progress of jobs being run and responsible for actual running of the computer.
3. Acts in movie or drama to translate the idea and words of a playwright into something that can be understood by an audience
4. Works with patients who have been physically handicapped by illness, injury to regain confidence to tackle such tasks as feeding, washing, dressing and walking
5. Applies the science of nutrition to feeding the sick and the healthy people
6. Looks after people who are physically or mentally handicapped, catering to physical, psychological and social need of the patients
7. Researches on the study of ancient culture through the investigation of remains such as buildings and artifacts
8. Involves choosing, planning, editing, designing and producing books and periodicals
9. Converts one spoken language into another, they are usually required to do this instantaneously into their mother tongue
10. Covers all design work inside structure and buildings

2. Computer Operator
4. Occupational Therapist
6. Nurse
8. Publisher
10. Interior designer

1. Head Chef
3. Actor
5. Dietician
7. Archaeologist
9. Interpreter

ANSWERS:

Student Speak's

In this section, readers and students are encouraged to ask any questions relating to their educational and career planning. The counselor will be happy to give you answer in the below column. However, questions will be selected randomly based on need.

1. Why in nursing there is more number of women than men ?

Tenzin Shenphen, XII 'B'

ANS: More women are in nursing because of its nature of work demands caring attitude towards the patients.

2. Why many Tibetan students are aimless ?

Sonam Bhuti XII 'B'

ANS: Many Tibetan student do not take their career seriously, moreover they do not plan from early age. Motivation is lacking because of it feeling of insecurity is strong in them. The Tibetan Govt. in small and it can't absorb every college graduates. One has to think in wider perspective as the private sector in Indian community has capable to employ many. One must also be careful in selecting course after plus two as it makes huge difference.

3. May I know what scope of Lawyer after finishing its course ?

Kunga Dolma XII 'B'

ANS: Scope depends on what specialization you are taking in Law. Field like environmental law has better scope because of its demand. Law graduates having no intention to practice in courts can work in Law Process Outsourcing (LPO) where it is day shift and well paid sector.

4. How can I join business management as Arts student and what about minimum fee do I need in a year ?

Tashi Dhondup XII 'B'

ANS: Business management courses are open to all stream of students, admission is through both entrance test and direct admission. Fees depend from institute to institute. Private college normally charge higher fees.

5. Does exile govt. need lawyer ?

Sr. No. 17, XI 'A'

ANS: Absolutely, not just having a Law degree, but having specialized field in Law.

6. Can I get any idea of doing professional courses side with B.A. degree ?

Nyima, XII 'B'

ANS: One can do only short-term courses from institutes offering evening programs, not a regular one. The reason is professional courses required lots of time to study. You can do B.A. through correspondence course and regular as professional course.

7. After doing +2, if I want to pursue in Airline and Air Hostess, where do I have to take a course on what I have to learn ?

XI 'A'

ANS: Airline jobs are open after +2 and graduation if one possess the required qualities, but it is strongly advisable to go for interview after graduation as one will have enough time sharpening soft skills and confidence level. I advise you not to get attracted with institutes promising for jobs. They will charge a huge fees for a short training, whereas airline conducts separate training of six months once a candidate is selected by them. I hope the above is clear to you.

8. To become an economists what qualities should we need ?

XI 'B'

ANS: analyse problems and reason possible solutions, deal directly with people, think logically and analytically, discuss views clearly in a variety of forums, understand the social consequences and implication of financial activities, undertake activities dealing with the lifestyles and behavior of people are some important qualities needed.

9. Can you please tell me what qualification or ingredients are needed for becoming a news caster in exile govt ?

XI 'B'

ANS: A good general knowledge, an interest in current events, keyboard and shorthand skills are essential, good imagination and curiosity, an accurate memory, a nose for news and self motivation are some key ingredients required for news caster. Normally graduates are accepted for the job.

10. Can you tell me how can I join Men-Tsee-Khang and what are the ingredients and what are the various scopes in future ?

XI 'A'

ANS: One can join Men-Tse-Khang after 10+2. There will be a written test in Tibetan and English followed by personal interview. Tibetan test includes grammar, essay writing, general knowledge. They offer courses in Tibetan Medicine and Astrological Science. There is 20 seats in Medicine and 9 seats in Astro for general category. You can refer some solved questions papers and make yourself familiarize with it.